

## What our clients say

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“Outstanding support that has enabled me to remain in my own home and continue to lead an independent lifestyle. Many thanks.”

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“She is such a happy person.  
She always brings a smile to my face as she encourages me to meet my goals.”



Call us toll free on **0800 ENLIVEN**  
**0800 365 4836** (anytime)

[www.enlivennorthern.org.nz](http://www.enlivennorthern.org.nz)

 [facebook.com/enlivennorthern](https://facebook.com/enlivennorthern)

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Services proudly provided by:



## Get in touch with us

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Enliven Individualised Funding  
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# Enliven Maximising Independence services



  
enliven  
Maximising Independence

# Welcome to Enliven

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Enliven maximises the independence of older people and those with disabilities or injuries. Our home support and community services enable people to live in their own homes, stay healthy and engage socially with others.

## How we can help

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- In-home support including personal care, household management, exercise programmes and social connection
- Respite care for older persons\*
- Long term support for chronic conditions
- Community-based day programmes, conversation cafés, home share groups
- Cognitive Stimulation Therapy\*, a recognised treatment for people with mild to moderate dementia
- Support groups for people with dementia\*
- Transition services for older people returning home from hospital or rest home\*
- Individualised Funding for allowing you to organise your disability support funds

\*Some services are not available in every area.



## Why choose Enliven?

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### 1. We offer high-quality support services

We provide short-term assistance or 24/7 support for more complex needs. All our services are designed to build resilience in day-to-day living, taking into account your social, cultural and emotional needs as well as your practical everyday requirements.

### 2. Enliven works with you and others involved in your care

Our aim is to support you to achieve your own goals. We work hard to find the right solution for you, in partnership with you, your family and other applicable organisations.

### 3. We have qualified support teams

Our support workers have NZQA qualifications in home and community support, and are supervised by health professionals in the role of service coordinators.

### 4. Enliven is experienced

We pioneered restorative home-based support in New Zealand in 2004. This means Enliven has had health professionals on its team longer than any other home-based providers.

### 5. Enliven is part of your local community and an organisation you can trust

Our staff live in your community and work with clients from diverse cultures. We are part of Presbyterian Support Northern, a local charitable organisation with 130 years' experience delivering social services to people, regardless of their beliefs.

### 6. Enliven is accountable and measures outcomes

We go beyond the minimum standards for home and community support by obtaining full and independent feedback from clients which focuses on positive outcomes.